

SEPTEMBER PRESEASON TRAINING CAMP 2024: Much Wenlock, Shropshire

- Thursday 19th – Monday 23th September 2023.
- Stokes Barn, Much Wenlock, TF13 6DB
- c.£120, places confirmed with a £35 deposit.



Location:

Much Wenlock is a beautiful little market town on the edge of the Shropshire hills AONB. It has a surprisingly exciting history, actually being (arguably) the birthplace of the modern olympic games in 1850. We could do a session on the first ever olympic track! As well as being a terrific little town to explore, it is also only a short run/ car journey away from some of the nicest landscape in all of the UK.



Things to do:

As well as going on runs to exploring both the beautiful Shropshire hills and the town of Much Wenlock, there are also many attractions within 5 miles of where we will be staying. World heritage site and backbone of the industrial revolution, a nearby village called Ironbridge, could be one to visit (see picture of iron bridge) as well as Benthall Hall, a national trust country estate only a 4 mile run from the centre. As well as this, rest assured we will have some top tier social events in the evenings at the centre courtesy of our social secs Crisp Arker and Hattie.



Above: (L) the iron bridge, Ironbridge. (R) least beautiful hill in Shropshire



Above: (L) A fun cave expedition in the Yorkshire Dales, Sept 2022. (R) Sangria and campfire evening in the new forest, Sept 2023.

Transport:

Much Wenlock is only 20 minute drive from both Shrewsbury and Telford, which both have major train stations. Telford is also very easy to get to from Oxford, being only a 90-100 minute train journey. We will coordinate transport to/from the station closer to the time.

Accommodation/Facilities:

The centre where we'll be staying is made up of 2 parts: the granary (16 beds) and the threshing barn (28 beds), each separated into 3 rooms. There is also a large kitchen, dining room and a living room equipped with a television for a wholesome film night. More information and pictures of this beautiful accomodation can be found at <https://stokesbarn.co.uk/>.

